

Dear Colleague,

Our clinic mandate is to serve children with neurodevelopmental challenges who are experiencing feeding problems. When referring a child with neurodevelopmental challenges to Feeding Clinic, please complete the RCC Clinic Intake Form and include a growth chart with your referral.

We are unable to see children with typical development experiencing picky eating, ARFID, limited food repertoire or poor weight gain. We would encourage you to consider accessing the following resources depending on the clinical question.

1. Ellyn Satter Resources on Picky Eating: <https://www.ellynsatterinstitute.org>
2. CPS statement: The 'picky eater': The toddler or preschooler who does not eat  
<https://www.cps.ca/en/documents/position/toddler-preschooler-who-does-not-eat>
3. Consideration of a referral to a Community Dietitian:
  - WRHA Nutrition & Food Services Outpatient Dietitian, 419 Graham Ave, R3C 0M3, Tel: 204-947-1517, Fax: 204-943-6278
  - Pediatric Dietitians Children's Hospital, 840 Sherbrook St, R3A 1S1, Tel: 204-787-2543, Fax: 204-787-8771
  - Access Centre Dietitian: <http://www.wrha.mb.ca/prog/nutrition/findus.php>
4. Encouraging the parents to enroll in the Triple P Parenting course for children where you feel that there may be parent-child interaction factors contributing to the feeding difficulties.
5. Consider referral to the Central Intake for Child and Adolescent Mental Health (MATC) or Child Psychology for children where you feel mental health concerns or ARFID are contributing to the feeding difficulties.
6. Consider a referral to an Occupational Therapist when referring a younger child with developmental concerns affecting the child's ability to eat/safety or if there is concern that sensory components are contributing to feeding concerns. Referrals can be directed to Central Intake for the Children's Therapy Network of Manitoba. The referral will be forwarded to the appropriate service provider or the parent will be provided information on service options. Tel: 204-258-6550, Fax: 204-258-6799.
7. Consider a referral to a General Pediatrician or Pediatric Gastroenterology where poor weight gain or GERD are a concern.

Thank you for your understanding about the limitations of what we are currently able to provide within our mandate.