

## 2023 LIFE Sun and Fun Summer Camp - Info Package

### In this package, you will find:

- Camp information (4 pages)
- Camp selection form (2 pages)
- Participant demographics form (3 pages)
- Photo consent form (1 page)

REGISTRATION DEADLINE

April 14<sup>th</sup>, 2023

---

### Who is eligible to attend?

- Campers aged 12 – 20 (birthday between 2003 and 2011) with physical and/or developmental disabilities.
- For ages 7-11: We are excited to offer 1 week of camp for ages 7-11 (birthday between 2012 and 2016) called Snapshot. This camp is designed for children who haven't had a successful experience at community-based camps and require a more flexible environment to flourish. *Acceptance into this camp is conditional on follow-up discussion, and acceptance last year does not guarantee acceptance this year.*

---

### What support is provided?

Each camper is paired up with a recreation support worker hired and trained by the Rehabilitation Centre for Children, called a 'camp buddy'. Buddies support their camper's engagement in fun recreational activities and help to foster relationships between campers, as well as addressing the camper's personal care needs. Buddies help to facilitate activities and ensure that they are modified to support each camper's successful engagement. Camp supervision is provided by rehabilitation professionals (physiotherapists, occupational therapists, and recreation therapists).

---

### What is the cost?

The registration fee is **\$120** per camp week. This fee is the responsibility of the family. Please contact us if this fee is a barrier to your participation. Funding for all other camp costs is generously provided by the Children's Rehabilitation Foundation and their donors.

The cost of camper buddies is separate from the registration fee, and is typically funded by your supporting agency such as CdS, CLdS, and/or CFS. **Please discuss your plan to attend camp with your agency worker before submitting a registration form to ensure this funding is in place for your child.**

*This program is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at [www.crf.mb.ca](http://www.crf.mb.ca)*

## How do I register my child?

Please review the Camp Descriptions below to learn more about each camp. To ensure space for all, campers can attend a maximum of two weeks per summer. Families are required to provide us with several choices of weeks; we try our best to ensure that families receive their preferences.

**Registration deadline is April 14<sup>th</sup>, 2023.**

We require all forms signed and returned to register your child for camp. Please return your completed camp package via fax, mail, or drop-off to:

### LIFE Program

1155 Notre Dame Avenue  
Winnipeg, MB  
R3E 3G1  
Fax: (204) 477-5547

### Questions? Please contact:

Hailey Perchotte  
(204) 258-6538

[hperchotte@rccinc.ca](mailto:hperchotte@rccinc.ca)

Maya Kirstein  
(204) 258-6539

[mkirstein@rccinc.ca](mailto:mkirstein@rccinc.ca)

## Camp descriptions:

We are excited to offer **nine** unique summer camp themes this year in four locations! All our camps are:

- Open to **participants with and without mobility aids**
- **4-day weeks** (Tuesday – Friday)

	July 4-7	July 11-14	July 18-21	July 25-28	Aug 1-4	Aug 8-11	Aug 15-18
<b>Sisler High School</b>	Swim Camp	Swim Camp	Snapshot (Ages 7-11)	Art Camp	Swim Camp	Swim Camp	Swim Camp
<b>Fort Garry Mennonite Fellowship</b>	Music Camp	Chef Camp	Music Camp	Active Camp	Wilderness Camp		
<b>Selkirk – Christ Church</b>							Selkirk Camp
<b>Out &amp; About</b>						Out & About	

### Addresses:

- North End – Sisler High School – 1360 Redwood Avenue
- South End – Fort Garry Mennonite Fellowship – 150 Bayridge Ave
- Selkirk – Christ Church, 227 McLean Avenue, Selkirk MB
- Out & About – locations change daily

*Please note all camp weeks and locations are subject to change. Facilities often do not confirm our space rental requests until May, therefore we have to proceed with planning without location confirmations.*

*We'll do our best to maintain the above schedule, but will keep you informed if changes occur.*

*This program is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at [www.crf.mb.ca](http://www.crf.mb.ca)*



Specialized Services  
for Children & Youth  
Together Is Better

Rehabilitation Centre for Children  
1155 Notre Dame Avenue  
Winnipeg, MB, Canada R3E 3G1  
Tel: (204) 452-4311 Fax: (204) 477-5547  
Web: [www.rccinc.ca](http://www.rccinc.ca) email: [lifeprogram@rccinc.ca](mailto:lifeprogram@rccinc.ca)



REHABILITATION  
CENTRE FOR  
CHILDREN

Each of our camps follows a predictable schedule that is provided to families ahead of time. Campers and their buddies are always invited to modify the schedule to best suit the campers' needs, with the support of the supervising therapists. Scheduled camp activities such as swimming, yoga, music, art, Zumba, and archery are interspersed among unscheduled camp activities which include biking, crafts, games, sports, group games, and our signature Friday afternoon water fight!

**Drop off is between 9:00-9:30 and pick up is between 3:00-3:30 daily.**

**Swim Camp:** Campers are dropped off each day at Sargent Tommy Prince Place (90 Sinclair St) for a morning swim in their accessible pool, then head back to the camp location for an afternoon of fun.

**Music Camp:** Campers spend part of the morning in music therapy and spend the rest of the day enjoying other fun activities.

**Art Camp:** Campers work with an art facilitator from [Art City](#) each morning to create art project(s) that they'll get to show off at our Friday art show. Afternoons are spent engaging in fun camp activities.

**Chef Camp:** This camp focuses on stepping out of your comfort zone in the kitchen! Campers will prepare unique recipes each day while practicing food handling and safety skills. New and interesting ingredients are incorporated to create opportunities for tasting adventures.

**Wilderness Camp:** Campers will expand their wilderness skills when we try tent-building, plant identification, geocaching, a FortWhyte fieldtrip, and more – in addition to our regular camp activities. No previous wilderness experience required!

**Active Camp:** This camp will feature different physical activities each day including swimming, Zumba, yoga, and Boccia, as well as active group games, biking, and park visits to keep campers moving all day. We're also planning a field trip for accessible horseback riding! (tentative)

**Snapshot Camp:** We are excited to offer a camp for ages 7-11 for children who haven't had a successful experience at community-based camps and require a more flexible environment to flourish. Snapshot will include a variety of camp activities, providing campers with a 'snapshot' of camp at RCC!

**Selkirk Camp:** This is a community-based camp in the Selkirk area. Using the church as our home base, we will enjoy daily outings including swimming, Oak Hammock Marsh, and the Summer Port Market.

#### **\*Out & About Camp**

\*This camp does not follow the same format as our other camps. This is a community-based camp, where we visit different locations each day such as the Zoo, museums, mini golf, bowling, and more. Families are responsible for drop off and pick up; we provide transportation between camp activities. For this camp, drop off is at 9:30 and pick up is at 3:30 daily.

*This program is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at [www.crf.mb.ca](http://www.crf.mb.ca)*





Specialized Services  
for Children & Youth  
Together Is Better

Rehabilitation Centre for Children  
1155 Notre Dame Avenue  
Winnipeg, MB, Canada R3E 3G1  
Tel: (204) 452-4311 Fax: (204) 477-5547  
Web: www.rccinc.ca email: lifeprogram@rccinc.ca



REHABILITATION  
CENTRE FOR  
CHILDREN

## 2023 LIFE Sun and Fun Camp - Selection Form

Due date: April 14<sup>th</sup>, 2023

Camper name: \_\_\_\_\_

Parent/guardian(s) name: \_\_\_\_\_

### For Office Use Only

Received on: \_\_\_\_\_

Payment received: \_\_\_\_\_

### Registration fee:

- A cheque for \$120/week is enclosed (payable to RCC)
- I will pay by credit card once my registration has been processed

### I am applying for:

- 1 week (2 options required)                       2 weeks (4 options required)

**\* Please NUMBER your options in order of preference. If the required number of options are not provided, we cannot guarantee you'll receive your requested weeks.**

Dates (no camp on Mondays)	Camps Available See previous page for camp descriptions Ages 7-11 are ONLY eligible for Snapshot	
July 4 – 7	____ Swim Camp 1360 Redwood Ave	____ Music Camp 150 Bayridge Ave
July 11 – 14	____ Swim Camp 1360 Redwood Ave	____ Chef Camp 150 Bayridge Ave
July 18 – 21	____ Snapshot (ages 7-11) 1360 Redwood Ave	____ Music Camp 150 Bayridge Ave
July 25 – 28	____ Art Camp 1360 Redwood Ave	____ Active Camp 150 Bayridge Ave
August 1 – 4	____ Swim Camp 1360 Redwood Ave	____ Wilderness Camp 150 Bayridge Ave
August 8 – 11	____ Swim Camp 1360 Redwood Ave	____ Out & About Camp Various locations
August 15 – 18	____ Swim Camp 1360 Redwood Ave	____ Selkirk Camp 227 McLean Ave Selkirk MB

*Please note all camp weeks and locations are subject to change. Facilities often do not confirm our space rental requests until May, therefore we have to proceed with planning without location confirmations.*

*We'll do our best to maintain the above schedule but will keep you informed if changes occur.*

This program is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at [www.crf.mb.ca](http://www.crf.mb.ca)





Specialized Services  
for Children & Youth  
Together Is Better

**Rehabilitation Centre for Children**  
1155 Notre Dame Avenue  
Winnipeg, MB, Canada R3E 3G1  
Tel: (204) 452-4311 Fax: (204) 477-5547  
Web: www.rccinc.ca email: lifeprogram@rccinc.ca



REHABILITATION  
CENTRE FOR  
CHILDREN

**Swimming:**

Can your child swim in deep water without flotation?  Yes  No

What type of flotation device does your child use:

- None  Noodle  Flutter board  
 Regular life jacket  Specialized life jacket or flotation device

Details: \_\_\_\_\_

**Biking:**

Does your child bike at home or at school?  Yes  No

What type of bike do they currently use?

- Two-wheeler  Upright trike  Recumbent trike  
 Specialized bike (eg Freedom Concepts, Trivel)

Name of bike/description (if known):

\_\_\_\_\_

- T-Shirt Size:**  Youth small  Youth medium  Youth large  Adult small  
 Adult medium  Adult large  Adult XL  Adult XXL  Adult XXXL

**School and Other Supports:**

What school does the camper attend? \_\_\_\_\_

Contact info for a trusted adult at your child's school who can provide us with information about how your child navigates the school environment (ex. resource teacher, OT, PT, etc):

Name: \_\_\_\_\_ Position: \_\_\_\_\_ Phone #: \_\_\_\_\_

\_\_\_\_\_ (initial here): I understand that I need to contact my child's support agency (CdS, CLdS, or CFS) regarding this application, and that if the support agency is not able to provide funding for the 1:1 camp buddy, my child may not be eligible to attend this camp.

By signing this form, I authorize camp staff to contact people named on this form. I grant permission for my child to participate in all camp activities. I grant permission for my child to be transported by taxi or bus to camp outings. I grant permission for camp staff to seek appropriate medical attention (including transfer to hospital) and release relevant medical and/or personal information of my child (such as diagnosis, summary of incident, present medication) to emergency medical staff in the event of sudden ill health or injury. I understand that the LIFE Program is not responsible for reimbursement related to damages to personal property that occur at camp programming, and such items will not be sent to camp if possible.

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*This program is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at [www.crf.mb.ca](http://www.crf.mb.ca)*





Specialized Services  
for Children & Youth  
Together Is Better

Rehabilitation Centre for Children  
1155 Notre Dame Avenue  
Winnipeg, MB, Canada R3E 3G1  
Tel: (204) 452-4311 Fax: (204) 477-5547  
Web: www.rccinc.ca email: lifeprogram@rccinc.ca



REHABILITATION  
CENTRE FOR  
CHILDREN

## LIFE Program – Participant Demographics Form

Participant name: \_\_\_\_\_ Date of birth: \_\_\_\_\_  
 6-digit MC Health #: \_\_\_\_\_ Age: \_\_\_\_\_  
 9-digit PHIN #: \_\_\_\_\_ Select:  Legal guardians  Foster parents  
 Parent/guardian names: \_\_\_\_\_  
 Mailing address: \_\_\_\_\_ Postal code: \_\_\_\_\_  
 Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_  
 Work phone: \_\_\_\_\_ Email address: \_\_\_\_\_

**Legal guardian - name, phone #, email, and fax # (if different from above):**

\_\_\_\_\_  
 \_\_\_\_\_

**Emergency contact(s) - name, relationship, phone # (if different from above):**

\_\_\_\_\_  
 \_\_\_\_\_

**Persons authorized to pick up participant - name, relationship, phone # (if different from above):**

\_\_\_\_\_  
 \_\_\_\_\_

### Supporting agency information

Children's disAbility Services (CdS)  Community Living disAbility Services (CLdS)  Child and Family Services (CFS)

Worker name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Email address: \_\_\_\_\_ Fax #: \_\_\_\_\_

Office mailing address: \_\_\_\_\_

**Does your child use alternative/augmented communication (AAC)?**  Yes  No

Device type: \_\_\_\_\_

Will they bring their device to programs?  Yes  No

How best can we support use of the communication device while at programs?

\_\_\_\_\_  
 \_\_\_\_\_

### Health and medical information

Diagnosis: \_\_\_\_\_

*This program is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at [www.crf.mb.ca](http://www.crf.mb.ca)*





Specialized Services  
for Children & Youth  
Together Is Better

**Rehabilitation Centre for Children**  
1155 Notre Dame Avenue  
Winnipeg, MB, Canada R3E 3G1  
Tel: (204) 452-4311 Fax: (204) 477-5547  
Web: www.rccinc.ca email: lifeprogram@rccinc.ca



REHABILITATION  
CENTRE FOR  
CHILDREN

Mobility (check all that apply):

- Walks independently       Manual wheelchair - self propel:  Yes  No  
 Crutches       Power wheelchair       Walker  
 Stroller/wheelchair for distances only

Additional details: \_\_\_\_\_

Transfers (if applicable):

- Mechanical lift       Two-person lift       Weight-bearing – pivot transfer

Most recent weight: \_\_\_\_\_

Additional details: \_\_\_\_\_

Toileting (check all that apply):

- Independent       Uses disposable undergarments       Toileting sling to toilet  
 Needs assistance with wiping       Uses change table

Additional details: \_\_\_\_\_

Eating and feeding (check all that apply):

- Feeds self       Uses gastronomy tube       Needs assistance

Additional details: \_\_\_\_\_

Allergies/food sensitivities:  Yes  No

List allergies: \_\_\_\_\_

Epi Pen?:  Yes  No

Seizure disorder:  Yes  No

Type of seizures: \_\_\_\_\_

Known triggers: \_\_\_\_\_

Rescue medication, location, and dosage: \_\_\_\_\_

How long after seizure activity starts until rescue meds are administered: \_\_\_\_\_

Additional details: \_\_\_\_\_

Medications administered during camp time?  Yes  No

Medication prescription(s), dosage(s), and time(s): \_\_\_\_\_

Details for administration (e.g: Does it need to be refrigerated? Does it need to be taken with food?  
Does it need to be crushed up and added to pudding or yogurt? etc):

\_\_\_\_\_

\_\_\_\_\_

*This program is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at [www.crf.mb.ca](http://www.crf.mb.ca)*





Specialized Services  
for Children & Youth  
Together Is Better

**Rehabilitation Centre for Children**  
1155 Notre Dame Avenue  
Winnipeg, MB, Canada R3E 3G1  
Tel: (204) 452-4311 Fax: (204) 477-5547  
Web: www.rccinc.ca email: lifeprogram@rccinc.ca



REHABILITATION  
CENTRE FOR  
CHILDREN

Anything else health-related to be aware of (e.g. temperature sensitivity, asthma, diabetes, shunts, other health conditions, etc):

---



---

Does your child have a health care plan (URIS or safety plan) at school?  Yes  No

**Supervision needs**

Satisfied in group setting  Not satisfied in group setting  
(ie. will stay with group, won't wander away)

Please tell us about any safety or support needs we should know about (e.g. potential of aggression, safety near busy roads, elopement, high sensory needs, etc):

---



---

**Activities and interests**

Favourite music and songs:

---



---

Favourite activities:

---



---

Dislikes/fears:

---



---

By signing this form, I grant permission for program staff to seek appropriate medical attention (including transfer to hospital) and release relevant medical and/or personal information of my child (such as diagnosis, summary of incident, present medication, etc) to emergency medical staff in the event of sudden ill health or injury. I grant permission for my child to participate in scheduled LIFE Program activities, and to be transported by taxi or bus between activities when necessary (always accompanied by staff). I understand that the LIFE Program is not responsible for reimbursement related to damages to personal property that occur at programming, and such items will not be sent to programs if possible.

**Parent/Guardian Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Return form to:  
RCC LIFE Program  
1155 Notre Dame Avenue  
Winnipeg, MB R3E 3G1  
By fax, mail, or drop-off

For more information:  
Hailey Perchotte  
(204) 258-6538  
[hperchotte@rccinc.ca](mailto:hperchotte@rccinc.ca)

Maya Kirstein  
(204) 258-6539  
[mkirstein@rccinc.ca](mailto:mkirstein@rccinc.ca)

*This program is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at [www.crf.mb.ca](http://www.crf.mb.ca)*







**CONSENT FOR PHOTOGRAPHS/VIDEOTAPING**

**Date:** \_\_\_\_\_

As the parent or legal guardian of (Client's name) \_\_\_\_\_, I hereby authorize the Rehabilitation Centre for Children Inc. to take photographs and/or videos of him/her for the following purposes:

YES \_\_\_\_\_ NO \_\_\_\_\_ 1. Having photographs taken for the purpose of: promotion, fundraising, awareness, and education related to the LIFE Program

YES \_\_\_\_\_ NO \_\_\_\_\_ 2. Having video taken for the purpose of: promotion, fundraising, awareness, and education related to the LIFE Program

YES \_\_\_\_\_ NO \_\_\_\_\_ 3. Releasing photographs/video and information relating to the photos/video to: Rehabilitation Centre for Children and Children's Rehabilitation Foundation websites, television, print materials, advertisements, staff and volunteers, other clients, potential donors, media representatives, and the general public

YES \_\_\_\_\_ NO \_\_\_\_\_ 4. Publishing photographs/video and the following information to Social Media (Facebook, Twitter, Instagram, YouTube): \_\_\_\_\_

YES \_\_\_\_\_ NO \_\_\_\_\_ 5. Releasing the following information: first name only

Comments/Restrictions:

\_\_\_\_\_  
\_\_\_\_\_

**I hereby waive any and all claims and complaints that I might have against the Rehabilitation Centre for Children Inc., its employees and agents and the photographer/videographer in any manner whatsoever relating to the said photographs and/or videos.**

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Name & Signature of Parent or Legal Guardian