



Specialized Services  
for Children & Youth  
Together Is Better

## Specialized Services for Children and Youth invites you to join us for **Breakfast at SSCY**, our monthly learning series!

**Topic:** Beyond aspirational thinking; the art and science of supportive mealtime management for children with neurodevelopmental challenges

**Presented by:** Dr. Gina Rempel

Frequently concerns about aspiration dominate our thinking about eating and drinking for children with neurodevelopmental challenges. This session will look beyond aspiration, challenges some of the traditional wisdom around aspiration and suggest a paradigm shift that values mealtime participation even in the face of risk.

### **Learning Objectives:**

- To identify points of controversy in the literature regarding approaches for mealtime management
- To recognize multi-faceted strategies that mitigate risk and optimize mealtime participation
- To appreciate the delicate balance of risk and participation

**When:** 8:00-9:00am, Tuesday, February 8, 2022; Via Zoom

<https://rccinc-ca.zoom.us/j/84167866805?pwd=cUpidzZwMTU1d1dCNjF4MFUwbGRldz09>

**Mark your calendar for our upcoming sessions:**

**8:00-9:00 am, Tuesday March 8, 2022**

**Presenter: Dr. Ricci and Teagan Turner**

**Everyone is welcomed to attend!**

