

**Specialized Services for Children and Youth invites you to join us for
Breakfast at SSCY, our monthly learning series!**

Topic: Constraint Induced Movement Therapy

Constraint Induced Movement Therapy (CIMT) is an evidence based therapy that promotes development of skills and function in the affected hand and arm of a person with an impairment on one side of their body (this could be due to a stroke, brain injury or other neurological impairment). It involves the use of a constraint on the non-affected hand and arm along with intense and targeted practice of skills with the weaker hand and arm.

In this session you will learn:

- What CIMT is, including evidence to support this therapy
- Current pediatric CIMT practice in Canada/USA
- CIMT at RCC
- What resources are available for therapists wishing to implement CIMT with a client
- Next steps

Presented by: Kim Thiessen, Occupational Therapist

When: 8:00 – 9:00 am, Tuesday, December 10, 2019

Where: Northern Lights Room, 2nd floor of SSCY Centre, 1155 Notre Dame Ave

Parking: The SSCY Centre parking lot has paid visitor parking, and street parking may be available

Webinar: The session is available as a webinar; visit our website to register and watch live or to watch the recording: <http://sscy.ca/about-sscy/breakfast-at-sscy/>

Mark your calendar for our upcoming sessions:

January 14th, 2020: Patient Reported Outcome Measures

Everyone is welcome to attend, and there is no need to register to watch in person