







Specialized Services for Children and Youth invites you to join us for **Breakfast at SSCY**, our monthly learning series!

Topic: Let's Talk Sibs: A Developmental Approach to Involving Sibs in Family Centred Care:
Why Sibs Need our Support and what we can do to Provide it

Having a sibling with differences provides the typically developing sibling(s) with both unique opportunities and unique challenges. However, very often siblings' issues are under serviced and they are often left out of important information regarding their brothers or sisters. Sibshops is an international program that provides siblings with peer support and information in a lively, recreational setting.

Julie Walsh, MSW, RSW, is a Registered Social Worker and family therapist who has been facilitating Sibshops and presenting about sibling's experiences since 2011. Grace Pagtakhan is a post-baccalaureate student at the University of Manitoba. She has two younger brothers who are autistic, and she has been a peer mentor and facilitator with the Sibshops program since 2012.

In this presentation you will learn about:

- The importance of involving and supporting siblings
- Common concerns siblings may have and ways we can support them
- What Sibshops are

You will also hear from a sibling about her experiences and how she feels service providers could help

Let's Talk Sibs presentations are funded by the CHILD-BRIGHT SPOR Network and the Children's Hospital Research Institute of Manitoba

When: 8:00 – 9:00 am, Tuesday, December 11, 2018

Where: Northern Lights Room, 2nd floor of SSCY Centre, 1155 Notre Dame Ave

Parking: The SSCY Centre parking lot has paid visitor parking,

and street parking may be available

Webinar: The session is available as a webinar; visit our website to register and watch live or to watch the recording: http://sscy.ca/about-sscy/breakfast-at-sscy/

Mark your calendar for our upcoming sessions:

January 8: Child and Adolescent Mental Health Services within the WRHA

February 12: Every Child Every Time - Our Commitment to Prevent and Relieve Pain

Everyone is welcome to attend, and there is no need to register to watch in person Please contact the SSCY Centre Research Coordinator for more information:

Jessie at jshea@rccinc.ca or (204) 258-6717